



Club Requirement and numbers needed for Grassroots courses
4v4, 7v7, 9v9 and 11v11

Clubs that wish to serve as the host for an Illinois Youth Soccer Coaching Course should be able to meet the following requirements.

**** Pricing breaks can be discussed if a club decides to use all of its own coaches****

- Each course will take 4 hours: 1 hour in the classroom, 2 hours on the field then 1 hour in the classroom
- Courses are set up for a 12:1 candidate to instructor ratio
- Players and appropriate numbers are required for the field/ Indoor Field component:
 - 4v4 Course: 8-10 Under-8 players – Gym Size 30x35
 - 7v7 Course: 14 -16 U9 or U10 players- Gym Size 55-65
 - 9v9 (U11-U12) 16-20 players – Full Size Field
 - 11v11 (U13) Course: 22 players – Full Size Field

Facility Location and equipment for course:

1. An individual must be available during the time of the course in case of emergencies.
2. Accessibility to women's and men's bathrooms.
3. Outdoor field with goals and, if possible, an indoor playing area to be used in case of bad weather – see dimensions above
4. Classroom area with blackboard/whiteboard and a projection screen or area to project images.
5. Enough seating for 12 -36 candidate's dependent upon course

Please contact Adam Howarth doc@illinoisyouthsoccer.org if you have any questions concerning hosting a course.