



# USA vs Germany Combining with 9

Category: Technical: Passing & Receiving  
Skill: U10

Pro-Club: Red Bulls New York Academy  
Trey Woody, South Amboy, United States of America

## Warm up Part1

**Organization:**

10x15

**Instructions:**

Players play 3v1 4v1 pos from player in middle

**Coaching Points:**

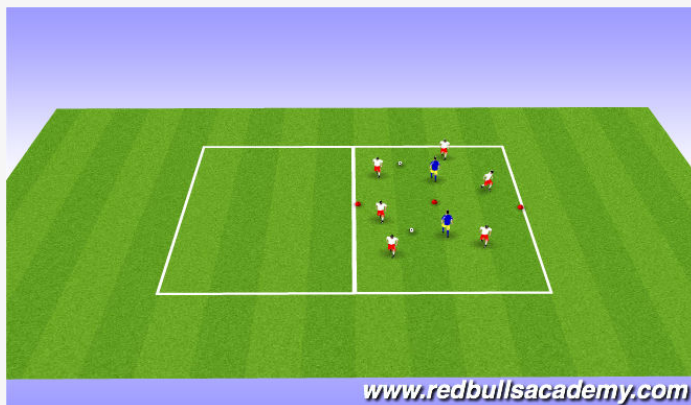
patience

look for easy option

angle for teammates

**Progressions:**

add second



## Warm Up Part 2

**Organization:**

20x30

**Instructions:**

5v3 (5v2 if needed) Possession from other team. PTeam tries to play to other side after getting as many passes as they can. 2 players from other box join as attackers when ball is shifted over

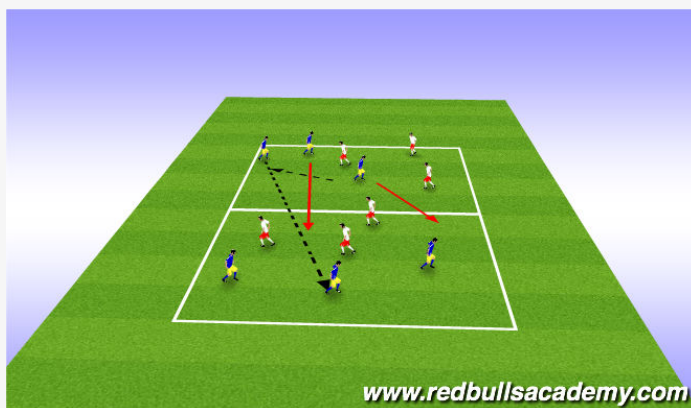
**Coaching Points:**

Let play flow

don't force passes

Give teammates option

be dynamic when appropriate



## Small Sided

**Organization:**

7v7 with target strikers in zones (8v8)

**Instructions:**

Team gets a point if they can combine with the 9 and out of the box, 15 passes, and 3 points if they combine with 9 to score

**Coaching Points:**

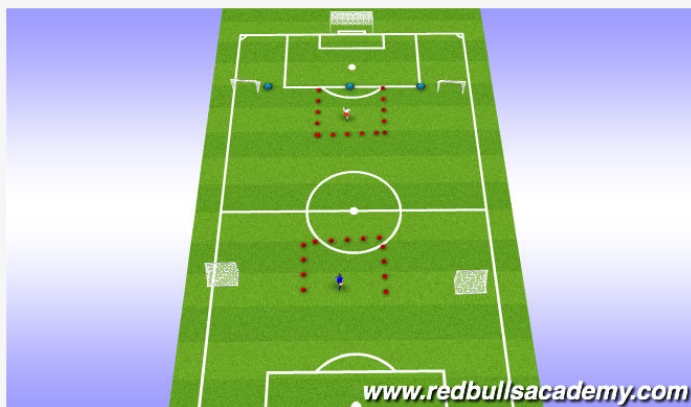
Risk vs reward

Reset play

Overloading one side of the field

**Progressions:**

Add GK to attacking team. Attacking team has to combine with 9 and score on big goal. Mini goals are removed. no players can enter into the blue zone before the ball.



## EXT Small sided

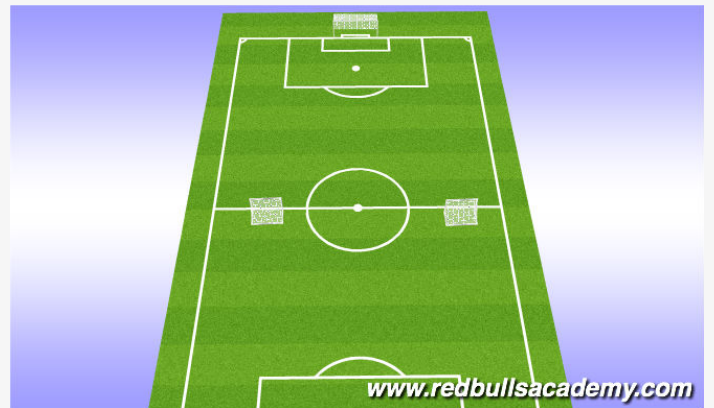
8v8 phase

3-1-3

Possession in midfield looking for opportunities to penetrate.

Focus on Movement of 9

When to use outside play  
combination in middle of the field



## Game

**Organization:**

**Instructions:**

**Coaching Points:**

**Progressions:**

