



Drill Name: Multiple Goal Game Activity by Rick Flores

Set up :

Set up a grid with small goals on each corner of the grid and players will be sorted into 2 teams.

Instructions:

Coach will control tempo of game. The players in the center of the grid will win the ball when the coach kicks one into the grid. The team who has possession of the ball can score on either of the 4 goals on the outside. Each time the ball goes out of play the coach will yell "new ball" and kick another one in the grid. Teams will keep their own scores. Coach should pass the ball into a player who is not really involved as to them being able to make a decision when the ball gets to them. Could set the restriction with older players to make one pass before scoring.

Coaching Points:

Are the players spread out? Do they call out to their teammate who wins the ball? Do they move to area to receive the pass? Do they look up? Do they control the ball and dribble or take on a player?