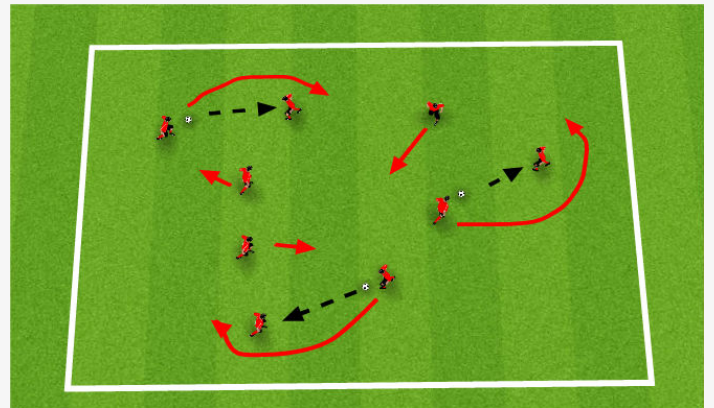


## Screen 1 (15 mins)

Sort players in groups of 3 or 4. Players will pass and move through the area. Have the players every 3rd or 4th pass to do a successful overlap.

Coaching Points:

- Do players communicate
- Do players read the visual cue
- Do they give a good weighted pass



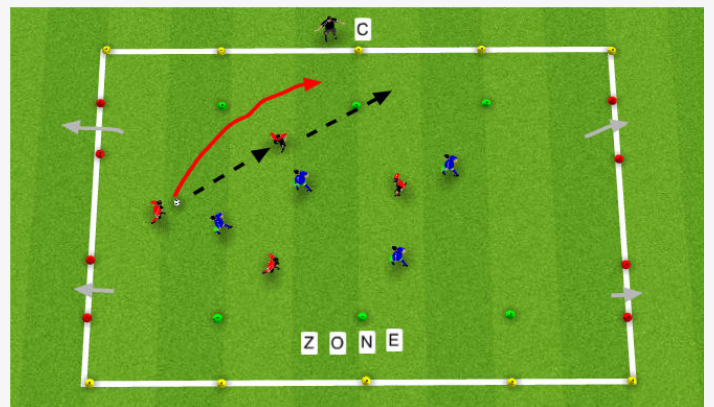
## Screen 2 (25 mins)

Set up a grid 40 x 40 or age appropriate size. Sort players 3 v 3 or 4 v 4 and two small goals on each end and create a zone in the outside with enough space for a player to run into the space.

Players will play possession in center of grid going to each others goal. They can only score if they dribble through the gate. While in possession if player can execute a correct overlap into the zone space and go to goal or pass to teammate it would be counted as 2 points.

Coaching Points:

- Do players communicate
- Do players read the visual cue for the overlap
- Do they give a good weighted pass
- Do they possess and create the opportunity



## Screen 3 (25 mins)

Set up area and play goal to counter. Players will play 6 v 6 plus 1. The game starts with the target player when the ball is out of play. Go to goal and encourage players to use the overlap if they get the opportunity. The defensive team if they win the ball can dribble through one of the gates.

Coaching Points:

- Do players communicate
- Do players read the visual cue
- Do they give a good weighted pass
- Does the overlap draw the defender away
- Do not always have to give ball on overlap as it is the players decision



## Screen 4 (25 mins)

Final game with no restrictions. In this example it would be a 7 v 7.

Formations

1-3-1-2 and 1-2-3-1

