

Train the GK

Category: Goalkeeping: Crossing/High balls
Difficulty: Difficult

Am-Club: Illinois Youth Soccer Association
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Train the Keeper

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6 servers on the outside, you can change the order of the serves
Black players above the cone line who can one touch finish or serve to outside for reservice in the box

3v2 below the cone line to finish the ball or clear it outside the perimeter. If ball does not clear perimeter of players, still in play and servers have one touch to finish also

Serve six balls then rotate players and GK

CP: Angle of GK, communication, organization in box, defenders clearance, set position, active to catch balls in the mix, punch, parry, tip and catch decisions

