

# IL ODP 2025/26

---

## PRE-SEASON PARENTS MEETING



# Introduction

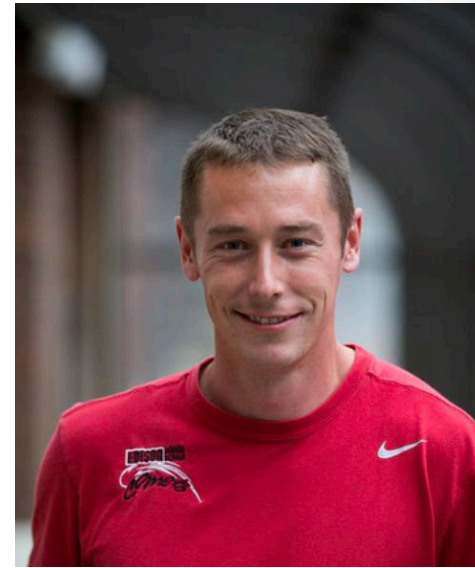
---



**Marek Radziszewski**  
ODP Director  
[marekr@illinoisyouthsoccer.org](mailto:marekr@illinoisyouthsoccer.org)



**Adam Howarth**  
Technical Director  
[doc@illinoisyouthsoccer.org](mailto:doc@illinoisyouthsoccer.org)



**Mick Galeski**  
Assistant Director  
[mick@illinoisyouthsoccer.org](mailto:mick@illinoisyouthsoccer.org)



**Ivan Rico**  
ODP Administrator  
[odp@illinoisyouthsoccer.org](mailto:odp@illinoisyouthsoccer.org)

# Agenda

---

- ODP Overview
- First Day Logistics
- Staff & Coaching
- Frequently Asked Questions
- Q & A



---

# ODP Overview

# ODP Overview - Facts

- U.S. Soccer & USOPC
- Established in 1977
- Protected by Amateur Sports Act 1978 (Ted Stevens Act)
- Offered in all 54 State Associations
- States divided in four regions



## EAST

CONNECTICUT  
DELAWARE  
MAINE  
MARYLAND  
MASSACHUSETTS  
NEW HAMPSHIRE  
NEW JERSEY  
EASTERN NY  
NY WEST  
EASTERN PA  
PA WEST  
RHODE ISLAND  
VERMONT  
VIRGINIA  
WEST VIRGINIA



## MIDWEST

ILLINOIS  
INDIANA  
IOWA  
KANSAS  
KENTUCKY  
MINNESOTA  
MICHIGAN  
MISSOURI  
NEBRASKA  
NORTH DAKOTA  
OHIO NORTH  
OHIO SOUTH  
SOUTH DAKOTA  
WISCONSIN



## SOUTH

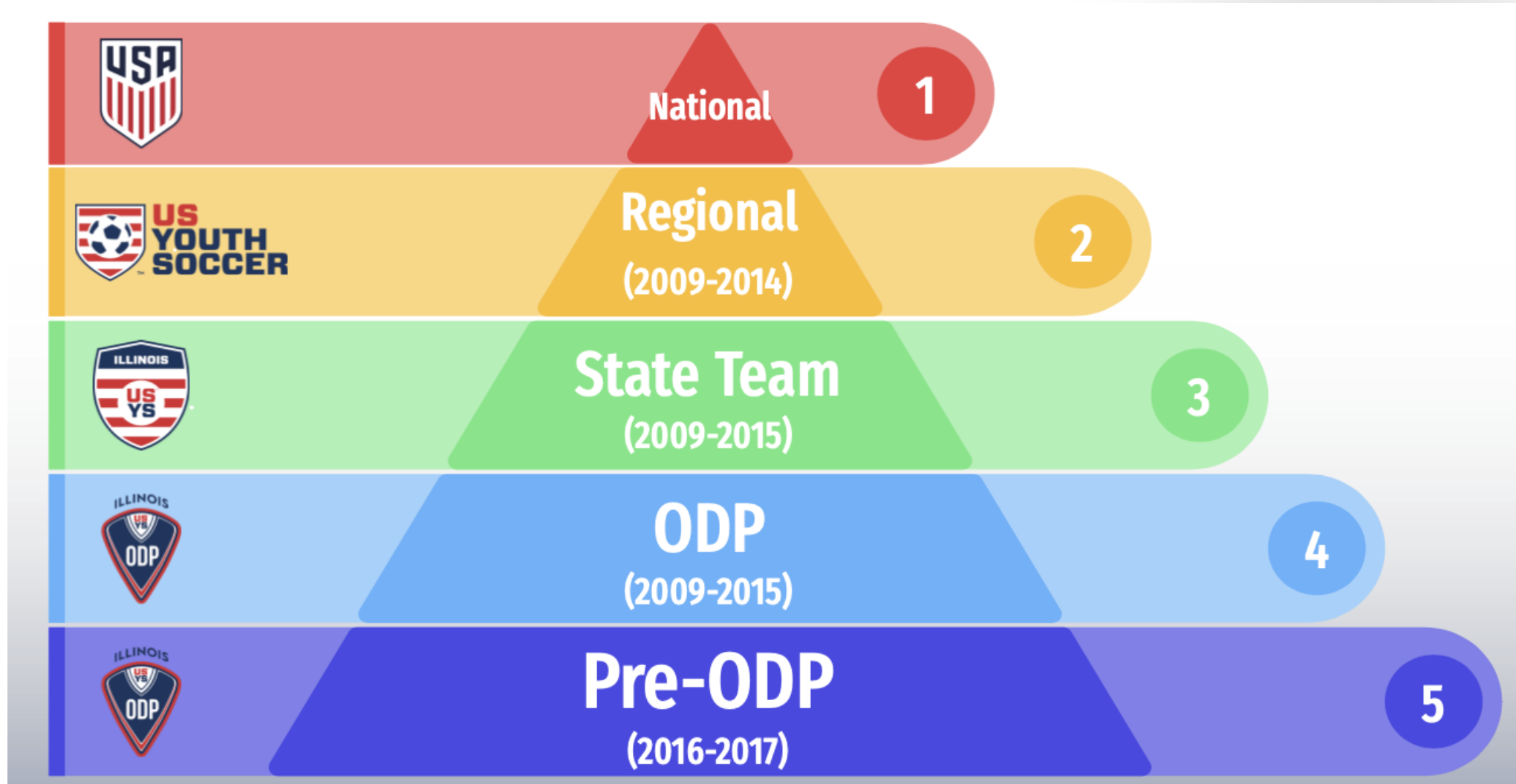
ALABAMA  
ARKANSAS  
FLORIDA  
GEORGIA  
LOUISIANA  
MISSISSIPPI  
NORTH CAROLINA  
OKLAHOMA  
SOUTH CAROLINA  
TENNESSEE  
NORTH TEXAS  
SOUTH TEXAS



## WEST

ALASKA  
ARIZONA  
CAL NORTH  
CAL SOUTH  
COLORADO  
HAWAII  
IDAHO  
MONTANA  
NEVADA  
NEW MEXICO  
OREGON  
UTAH  
WASHINGTON  
WYOMING

# ODP Overview - Pathway



# ODP Overview – Winter Training

- Will consist of 6 training sessions
- Each session will be between 1.5-2 hours
- Older and Younger (2012-2015)
  - Older – Born January-June
  - Younger – Born July-December
- Goalkeepers
  - Specific Goalkeeper sessions
  - Field Player Schedule



# ODP Overview – Winter Friendlies

- Friendlies are used as another evaluation tool for staff
  - Provide competitive environment
  - Not all players are invited to participate
  - Additional fee
  - Play other states ODP
- Travel Events
  - Westfield, IN – February
  - Memphis, TN – February
  - Missouri Subregional – June
- Illinois Hosted Events
  - Rockford



# ODP Overview – State Team

- U.S. Soccer’s 6 Key Qualities of A Soccer Player
- 2009-2011 Groups (11v11)
  - 1 team of 18 players
  - 16 Field Players
  - 2 Goalkeepers
- 2012-2013 Groups (11v11)
  - 2 teams of 18 players
  - Older & Younger teams
- 2014-2015 Groups (9v9)
  - 2 teams of 16 players
  - Older & Younger teams



# ODP Overview – Regional & National

- Regional I.D Event
  - Selections made by IL Coaches
  - Based on trainings and friendlies
  - Camp brings in players from Midwest
- Inter-Regional
  - Events run by U.S. Youth Soccer
  - Players invited from the Regional I.D. Event
  - 4 Regions Compete
- National Select ODP Team
  - Players selected from the Inter-Regional event



# Pre-ODP Overview

---

- 2016 & 2017 Born Players
  - Each session is 1.5 hours
  - Training in Schaumburg
  - No teams or selections
- Session 1
    - Starts November 15 or 16
    - 4 training sessions
  - Session 2
    - Starts December 20 or 21
    - 4 training sessions



# Parent and Player Engagement

---

## The 'Train the Brain' is Back!

We're excited to share that **Brian Roberts** will be returning this ODP season to help our players and coaches take their *mental game* to the next level! 🏆💪

### Here's what to look forward to:

- 🌟 Coaches learning how to build mental-skills training right into their sessions
- 🧩 More “*Think, Play, Win: Sports Psych Tips for IL ODP Players*” in our newsletters
- 🎤 Engaging presentations for players on confidence, focus, and resilience
- 🚀 Support for players moving through State → Regional → National ODP programs

Because great players don't just train the body — they train the brain, too!

--

Brian Roberts

<https://bio.site/brianroberts>

# Olympic Development Program



<https://www.illinoisyouthsoccer.org/olympic-development-program/>



---

# First Day Logistics

# First Day Logistics - Training Locations

---

## 2009-2015 Boys & Girls

MercyHealth Sportscore Two  
8800 E. Riverside Blvd.  
Loves Park, IL 61111



## Pre-ODP Boys & Girls / GKA

Schaumburg Sport Center  
1141 W. Irving Park Rd.  
Schaumburg, IL 60143



# First Day Logistics – Check-In

- Onsite ODP Admin checking players in for each session
- Player Photo
- Arrive 15-20 minutes before session
- Staff will escort players to field 5 minutes before start time
- Parent Huddle



# First Day Logistics – Uniform



# First Day Logistics – Uniform

---

- Field Players
  - Wear blue jersey
  - Bring white jersey
- Goalkeepers
  - Wear pink jersey
  - Bring black jersey
- Additional Items
  - Ball
  - Bag
  - Shin Guards (required)
  - Water Bottle
- If uniform does not arrive
  - Field Players – wear blue shirt, black shorts and socks
  - Goalkeepers – wear black shirt, shorts and socks
- Temporary Number Assigned
- Cleats are permitted
- Contact Score Sports with any uniform questions
  - [websupport@scoresports.com](mailto:websupport@scoresports.com)

---

# Staff & Coaching

# Staff & Coaching

---

- Head Coaches – USSF A or B License
- Assistant Coaches – Minimum of USSF C License
- Experience
  - College Coaches
  - U.S. Soccer Coaching Educators
  - Club Directors of Coaching
  - U.S. Soccer Talent Scouts
- Sessions are themed and based on the U.S. Soccer Coaching Philosophy and the specific IL ODP Curriculum.

---

# Thank You!

Contact [odp@illinoisyouthsoccer.org](mailto:odp@illinoisyouthsoccer.org) or 847-290-1577 (Tuesday-Thursday)

**PLEASE INCLUDE PLAYER NAME & BIRTH YEAR ON ALL COMMUNICATION**

