

# IL ODP 2025/26

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## PRE ODP PARENTS MEETING



# Agenda

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- First Day Logistics
- Illinois Youth Soccer Staff and Coaches
- ODP Overview
- Philosophy and Methodology
- ODP Pathway
- ODP Evaluation and Assessment
- Frequently Asked Questions
- Q & A



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# First Day Logistics



# First Day Logistics – Training Locations

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## Pre-ODP Boys & Girls

Schaumburg Sport Center

1141 W. Irving Park Rd.

Schaumburg, IL 60143



# First Day Logistics – Check-In

- Onsite ODP Admin checking players in for each session
- Player Photo
- Arrive 15-20 minutes before session
- Staff will escort players to field 5 minutes before start time
- Parent Huddle
- Leave – Get a coffee!!



# First Day Logistics – Uniform

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- Field Players
  - Wear blue jersey
  - Bring white jersey
- Goalkeepers
  - Wear pink jersey
  - Bring black jersey
- Additional Items
  - Ball – Size 4
  - Bag
  - Shin Guards (required)
  - Water Bottle
- If uniform does not arrive
  - Field Players – wear blue shirt, black shorts and socks
  - Goalkeepers – wear black shirt, shorts and socks
- Temporary Number Assigned
- Cleats are permitted
- Contact Score Sports with any uniform questions
  - [websupport@scoresports.com](mailto:websupport@scoresports.com)

# First Day Logistics – Uniform



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# Illinois Youth Soccer Staff & Coaches



# Illinois Youth Soccer Staff



**Marek Radziszewski**  
ODP Director  
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**Adam Howarth**  
Technical Director  
[doc@illinoisyouthsoccer.org](mailto:doc@illinoisyouthsoccer.org)



**Mick Galeski**  
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**Ivan Rico**  
ODP Administrator  
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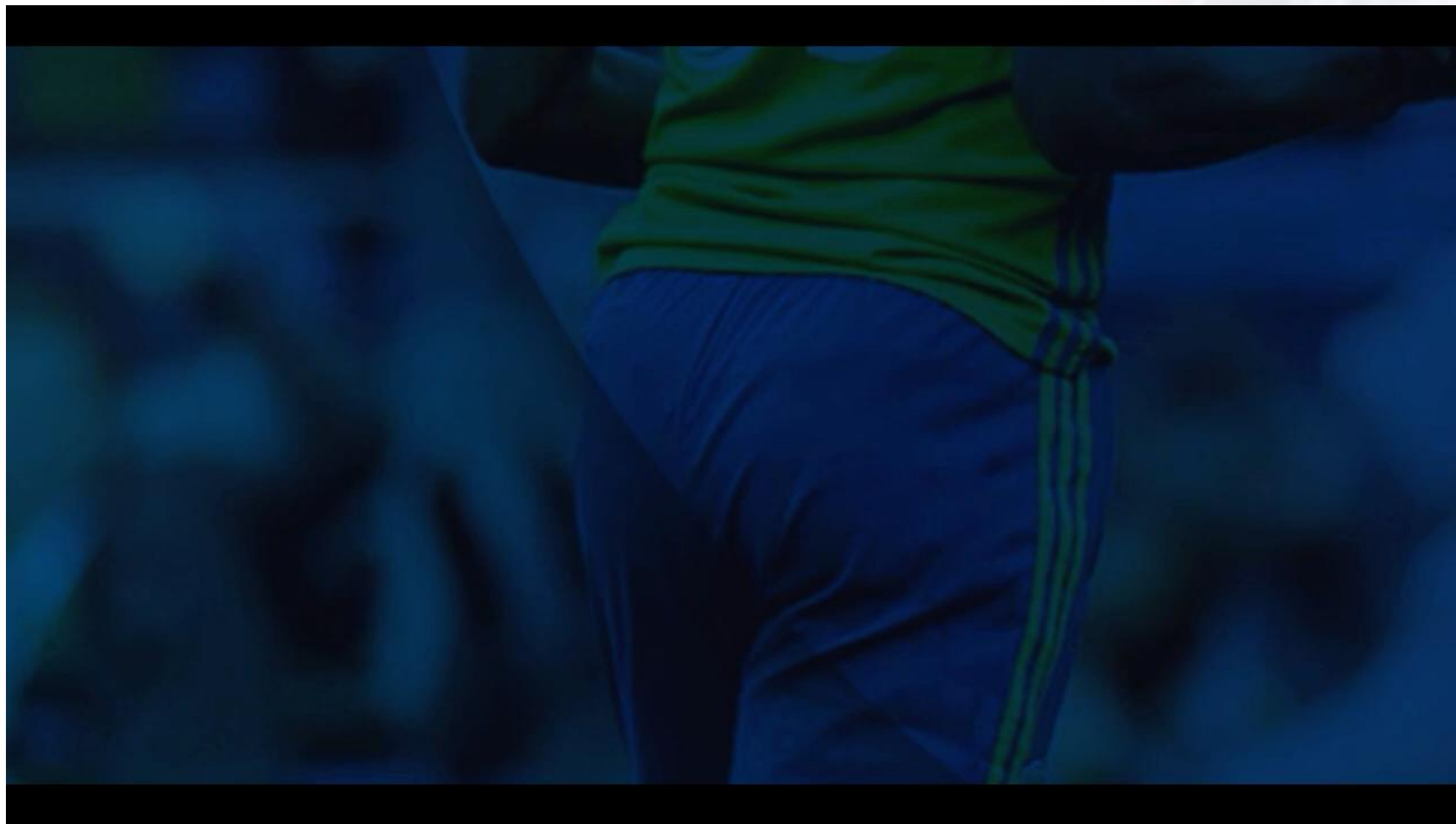
# Staff & Coaching

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- Head Coaches – Minimum USSF C License
- Assistant Coaches – Minimum of USSF C License
- Experience
  - College Coaches
  - U.S. Soccer Coaching Educators
  - Club Directors of Coaching
  - U.S. Soccer Talent Scouts
- Sessions are themed and based on U.S. Soccer Curriculum



# *MY ODP STORY - HARRY SHIPP*



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# ODP Overview



# ODP Overview - Facts

- U.S. Soccer & USOPC
- Established in 1977
- Protected by Amateur Sports Act 1978 (Ted Stevens Act)
- Offered in all 54 State Associations
- States divided in four regions



## EAST

CONNECTICUT  
DELAWARE  
MAINE  
MARYLAND  
MASSACHUSETTS  
NEW HAMPSHIRE  
NEW JERSEY  
EASTERN NY  
NY WEST  
EASTERN PA  
PA WEST  
RHODE ISLAND  
VERMONT  
VIRGINIA  
WEST VIRGINIA



## MIDWEST

ILLINOIS  
INDIANA  
IOWA  
KANSAS  
KENTUCKY  
MINNESOTA  
MICHIGAN  
MISSOURI  
NEBRASKA  
NORTH DAKOTA  
OHIO NORTH  
OHIO SOUTH  
SOUTH DAKOTA  
WISCONSIN



## SOUTH

ALABAMA  
ARKANSAS  
FLORIDA  
GEORGIA  
LOUISIANA  
MISSISSIPPI  
NORTH CAROLINA  
OKLAHOMA  
SOUTH CAROLINA  
TENNESSEE  
NORTH TEXAS  
SOUTH TEXAS



## WEST

ALASKA  
ARIZONA  
CAL NORTH  
CAL SOUTH  
COLORADO  
HAWAII  
IDAHO  
MONTANA  
NEVADA  
NEW MEXICO  
OREGON  
UTAH  
WASHINGTON  
WYOMING

# INTRODUCTION AND PURPOSE OF THE PROGRAM

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**The Olympic Development Program in Illinois has been administered since 1975**

Illinois Youth Soccer is one of the 54 US Soccer and US Youth Soccer State Associations that the US Soccer Federation authorizes to conduct the Olympic Development Program to identify and provide opportunities for high-potential players, facilitate their development, expose them to the next level of their chosen pathway, and motivate their pursuit of excellence.

# OUR MISSION

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**The IYSA Olympic Development Program strives to:**

...develop players of the highest caliber on a continuing and consistent basis by providing exceptional practice sessions conducted by professional coaches.

The ODP program aims to identify players who will represent their state, region, and, eventually, the United States in soccer competitions.

# PROGRAM OBJECTIVES

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- ❑ **Support Individual Development** - Focus on all phases and areas of development \*

SOCIAL  
DEVELOPMENT

EMOTIONAL  
DEVELOPMENT

LANGUAGE  
DEVELOPMENT

COGNITIVE  
DEVELOPMENT

PHYSICAL  
DEVELOPMENT

- ❑ **Evaluate and Identify Players** - From the beginning of the winter training, coaches take notes and assess

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# ODP (Pre) Philosophy and Methodology



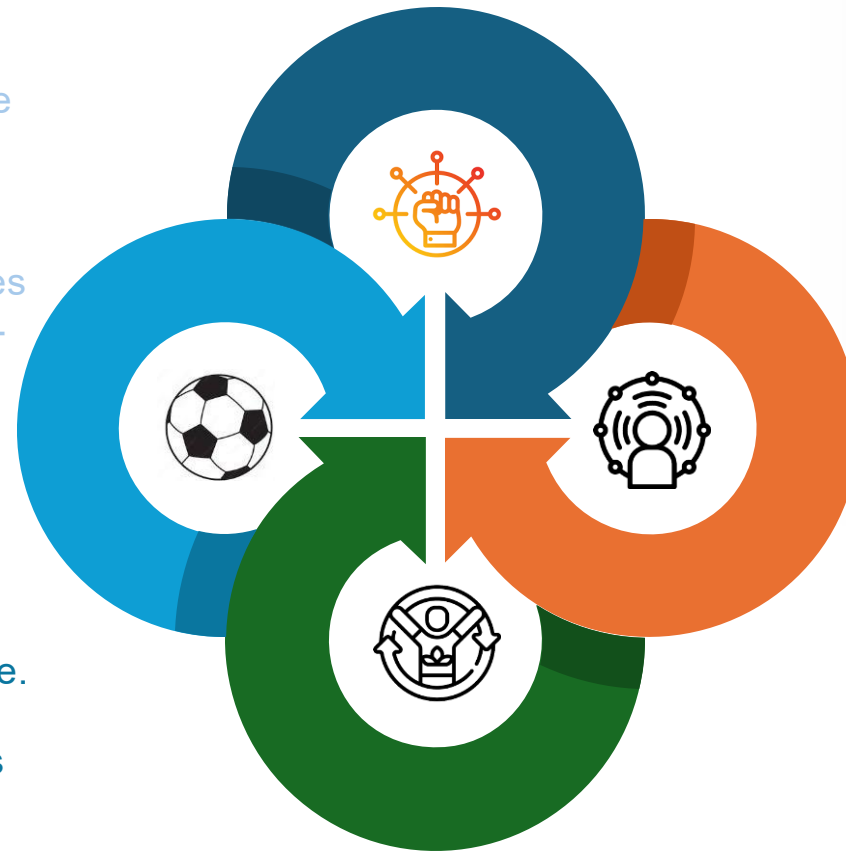
# IL ODP WAY - COACHING PHILOSOPHY

## AUTONOMY SUPPORT

- Embrace the player's perspective.
- Provide opportunities for players to take the initiative and make their own decisions.
- Empower the players to take ownership of their learning process
- Provide the player choices and opportunities for collaboration with other players (player-driven)
- Provide a rationale for decisions (player & coach)

## EXPERIENTIAL

- Learning starts from the player's experience.
- Utilize analysis and organize mutual reflection on experience to support players in sharing learning with each other.
- Provide process and solution-focused feedback.



## REALITY-BASED

- The game is a starting point to develop the player's perception, decision-making, and execution.
- Provide learning experiences to the player through recognizable training sessions.
- Take the player's developmental stage and the context as the basis for learning.

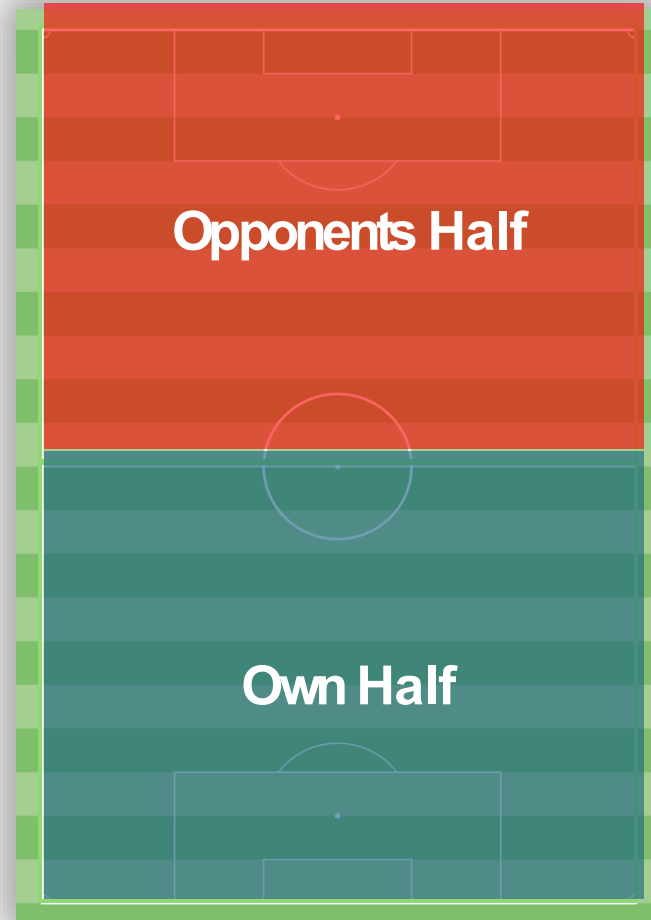
## HOLISTIC

- Promote health, emotional and social, and the well-being of the player
- Develop attitudes and social skills
- Inquire about and acknowledge players' feelings
- Connect all areas of development (person and player)

# IL ODP WAY – PRE - ODP CURRICULUM AND TERMINOLOGY OVERVIEW

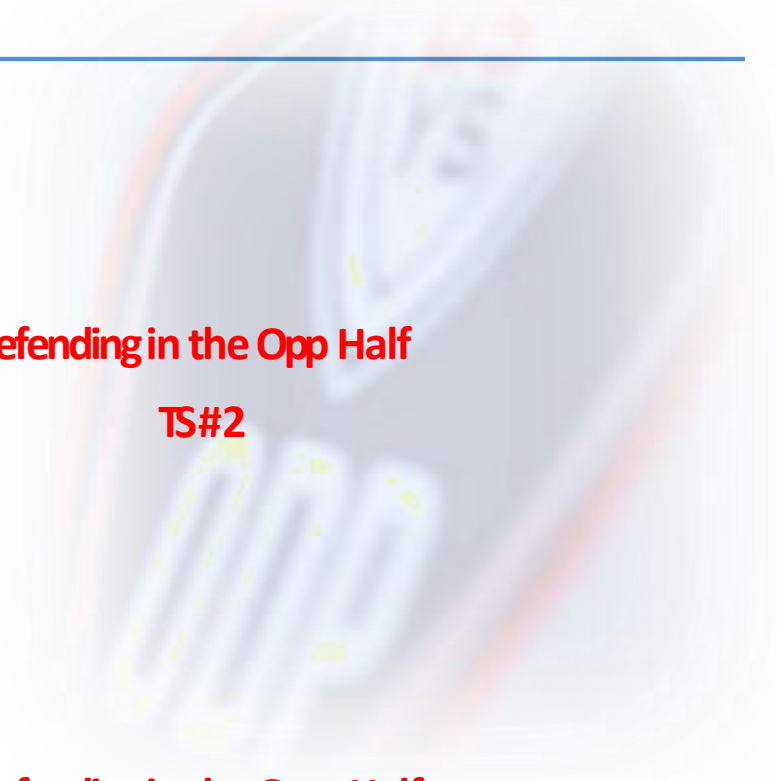
Attacking in the Opp Half  
TS#4

Attacking in the Own Half  
TS#1



Defending in the Opp Half  
TS#2

Defending in the Own Half  
TS#3



# Pre-ODP Overview

- 2016 & 2017 Born Players
  - Each session is 1.5 hours
  - Training in Schaumburg
  - No teams
  - Selection at end for 2016 Group only
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- Session 1
    - Starts November 15 or 16
    - 4 training sessions
  - Session 2
    - Starts January 20 or 21
    - 4 training sessions

## GAME-BASED APPROACH

During training, we believe in using (modified) games to replicate specific game situations (depending on the session goal and objectives).



## GAME-BASED APPROACH

Games are complex and dynamic; they help create a context for learning and support the development of **game understanding, decision making, physical and technical execution.**



# What is Play-Practice-Play and why do we use it?

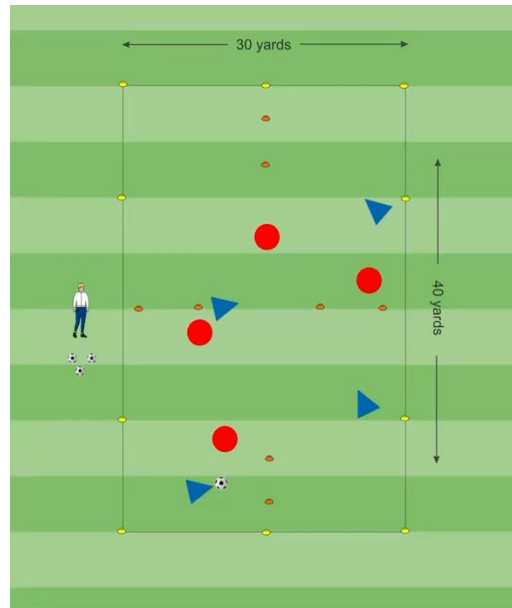
The Play-Practice-Play methodology is based on the Grassroots Player Development philosophy:

At the Grassroots level, children learn and develop to their **full potential** through **game-like experiences** in an **enjoyable environment** which **supports individual growth** – using **GUIDED QUESTIONS**.

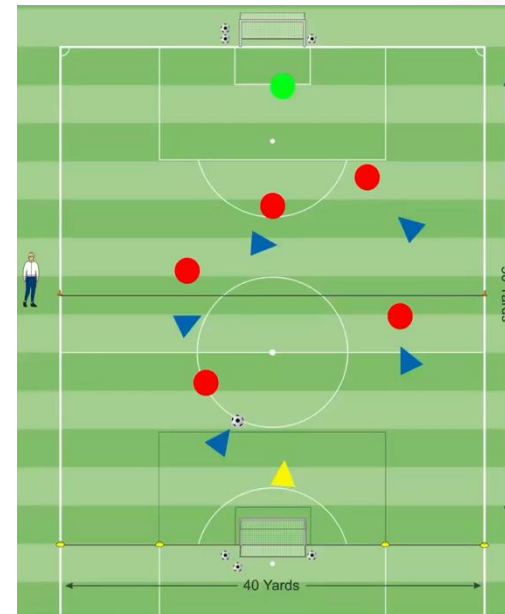
Play 1



Practice



Play 2



## DEVELOPMENTAL STAGES – 7v7 U9/U10

Developmental Goals	Developmental Needs	Learning Activity- Describe the environment you will create (activities)
<p>"Playing as a team."</p> <p>Learning the basic understanding of attacking, defending, and transition by playing as a 7v7 team.</p>	<ul style="list-style-type: none"> <li>Developing relationships with the other players, how decisions and movement affect others (teammates and opponents)</li> <li>Experiences in game-like situations for key qualities related to attacking and defending</li> <li>Experiences of attacking and defending as a team</li> </ul>	<ul style="list-style-type: none"> <li>Basic techniques in 1v1 games (challenge opponents)</li> <li>Mixture of small sided games (2v2, 3v3, 5v5 (depending on the level), as well as uneven games 2v1, 3v2, 5v3, etc. to deal with adversity)</li> <li>Balanced groups or teams to create optimal challenge</li> <li>Continued development of motor skills (physical literacy, play in motion)</li> <li>Basic use of a formation that will help players align roles with other players</li> <li>Learn through playing multiple roles throughout the season</li> <li>Activities that build relationships</li> <li>FUN!</li> </ul>

# IL OLYMPIC DEVELOPMENT PROGRAM PRE- ODP PROCESS

- ❑ Players begin by participating in winter training sessions. 2 x 4 Training sessions
- ❑ **The 2016 Final Team Rosters** (*Player Recognition\**) will be provided after winter training, and we intend to create a Boys and Girls team from the 2016 Age group.
- ❑ For Pre- ODP 16 players for the 9 vs 9 game format (each roster includes two goalkeepers\*)  
Boys and Girls 2016 Team
- ❑ **No written evaluations** at the end of the program. **Formative feedback\*** will be provided to players during training sessions and other interactions.



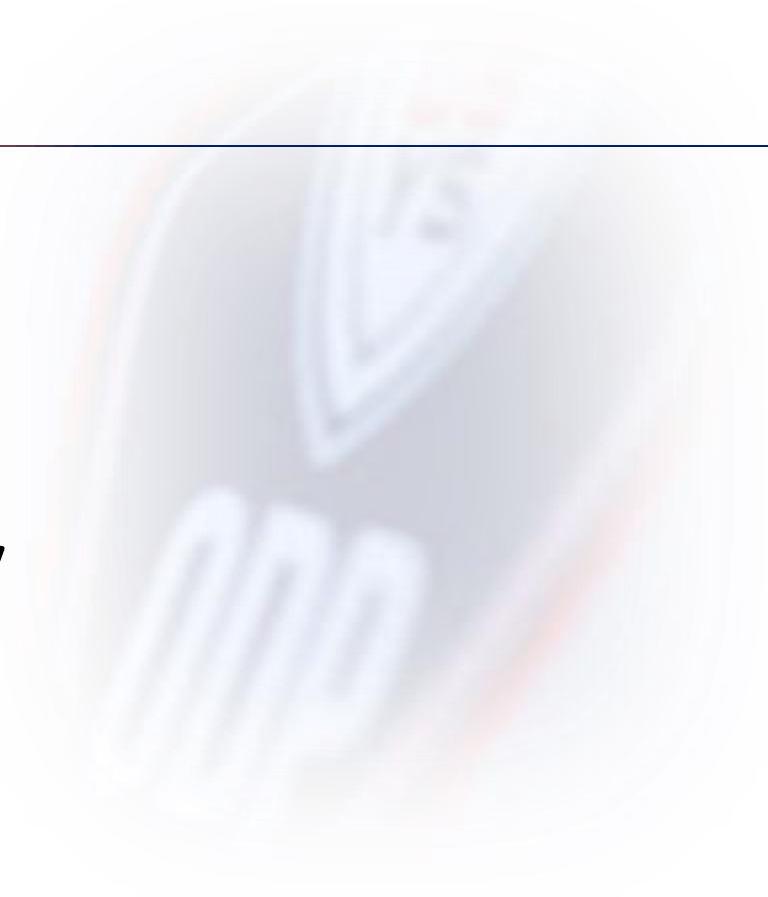
# ODP Overview – Pre – ODP Festival 2016 Players

- Friendlies are used as another evaluation tool for staff
  - Provide competitive environment
  - Additional fee
  - Play other states ODP
- Travel Events
  - Missouri Subregional – June
- Illinois Hosted Events
  - Rockford/ Schaumburg – Pre- ODP Festival
  - The Pre-ODP Festival will take place in early February. Only those who are registered for a Pre-ODP session this winter can participate in this event.
  - For more information regarding the Festival will be sent in January. Players will be split into teams and play 3 games that day. In the past Missouri and Wisconsin ODP have sent teams to participate in the festival.

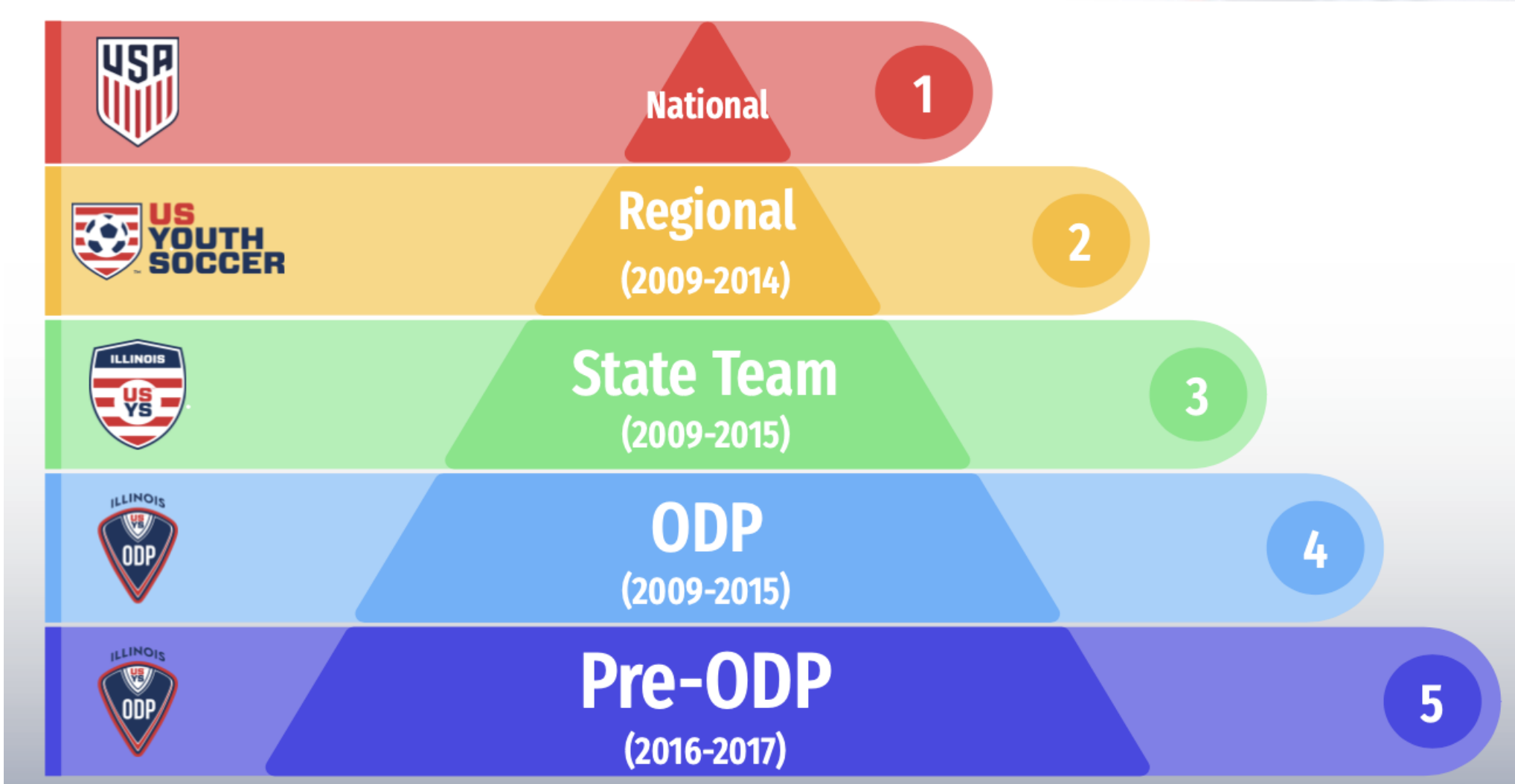


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# ODP Pathway



# ODP Overview - Pathway



# ODP PATHWAY



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# ODP Evaluation and Assessment Criteria



# EVALUATION AND ASSESSMENT CRITERIA



# EVALUATION AND ASSESSMENT CRITERIA

## GAME UNDERSTANDING AND DECISION-MAKING

READ SITUATIONS, ANTICIPATE AND MAKE QUICK DECISIONS UNDER PRESSURE

## TECHNICAL EXECUTION

BALL MASTERY AND SKILLS UNDER PRESSURE

## PHYSICAL EXECUTION

MOVEMENT SKILLS AND FITNESS

## GROWTH MINDSET AND WINNING MENTALITY

CONTINUOUS DRIVE TO WIN AND IMPROVE

## RESPONSIBILITY AND INITIATIVE (SELF-REGULATION)

RESPONSIBLE FOR ONE'S OWN LEARNING, DEVELOPMENT AND PERFORMANCE

## LEARNING ABILITY

CAPACITY TO ADAPT TO A HIGHER LEVEL

# THERE IS NO FAILURE - THERE IS ONLY FEEDBACK!



- ❑ Giving **formative feedback** during a soccer training session is crucial for an ODP player's development.
- ❑ Formative feedback refers to feedback provided during a learning process (training) to help our ODP players improve.
- ❑ It's given while a player is still involved during the session, allowing them to make adjustments, refine their understanding, or correct mistakes.
- ❑ Feedback will be:
  - Timely - During the session
  - Actionable - Suggestions
  - Supportive - Growth

# ***THERE IS NO FAILURE - THERE IS ONLY FEEDBACK!***

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## **☐ Expectations for Parents of an ODP Player**

- Help your child set realistic goals for the ODP process
- Help your child understand the “Process of Identification.”
- Help your children learn the importance of receiving constructive feedback.
- Help your children understand that a “NO” does not mean never
- Help your children understand that a well-rounded player can have more opportunities than those who play only one position
- After ODP events, help create a healthy environment during the car ride home.

## **☐ Logistics/General Questions**

- Can you discover the answer before you ask the question?

## **☐ Development Questions**

- Use resources given by Illinois Youth Soccer to answer the following:
  - a. What can I do to help my child improve? (Utilize off field areas such as mindset development and self – talk)
  - b. How is my player progressing? (Relate this to how the player reflects and what might be a specific area of growth)

# ***THERE IS NO FAILURE - THERE IS ONLY FEEDBACK!***

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## **❑ Expectations for an ODP Player**

- Players should reflect following a training session to determine what they should do for the next session. See the Stop Light Reflection Model below:



What should I stop doing?

What should I continue to do?

What should I start doing?

***THERE IS NO FAILURE - THERE IS ONLY FEEDBACK!***


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# THERE IS NO FAILURE - THERE IS ONLY FEEDBACK!

## THE POSITIVE PARENT

POST-MATCH REFLECTION CAN BE A KEY PART OF YOUR CHILD'S DEVELOPMENT IN THE GAME. SO ASK THESE OPEN QUESTIONS AFTER THE GAME TO HELP PLAY A POSITIVE PART OF THEIR LEARNING.



What was one thing that was really fun for you in today's game?

What's something that you would do differently if you had to play the game over again?

What teammate deserves a shout-out from you for how they played?

What's one thing that you learned about teamwork from today's game?

What did your coach do today that you really liked?



# Olympic Development Program

<https://www.illinoisyouthsoccer.org/olympic-development-program/>



# QUESTIONS?

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# Thank You!

Contact [odp@illinoisyouthsoccer.org](mailto:odp@illinoisyouthsoccer.org) or 847-290-1577 (Tuesday-Thursday)

**PLEASE INCLUDE PLAYER NAME & BIRTH YEAR ON ALL COMMUNICATION**

# ODP AND CLUB PARTICIPATION

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According to the **U.S. Soccer Bylaws (updated May 2025)**, an Organization Member (such as a club or state association) **cannot block or penalize a player's participation in ODP based on their club affiliation.**

## **Bylaw 603 | Interplay:**

- **Section 1:** An Organization Member cannot require that all players of another Organization Member register with them just to allow some to participate. Only players who choose to participate must register, but they must follow the normal registration rules.
- **Section 2:** An Organization Member (other than a professional league) **“shall not discriminate against the participation of players, teams, coaches or clubs on the basis of that player, coach, team, or club's membership in, or affiliation with, another Organization Member.”**

That means a club cannot tell a player they cannot do ODP if they are already playing with a club. Denying ODP participation on that basis would be considered discrimination under the bylaws.

**U.S. Soccer's bylaws protect players' right to participate in both club and ODP.**

A club cannot impose restrictions preventing dual participation.

