

IL ODP 2025/26

WELCOME TO THE

OLYMPIC DEVELOPMENT PROGRAM



INTRODUCTION AND PURPOSE OF THE PROGRAM

The Olympic Development Program in Illinois has been administered by Illinois Youth Soccer since 1975

Illinois Youth Soccer is one of the 54 US Soccer and US Youth Soccer State Associations that the US Soccer Federation authorizes to conduct the Olympic Development Program to identify and provide opportunities for high-potential players, facilitate their development, expose them to the next level of their chosen pathway, and motivate their pursuit of excellence.

OUR MISSION

The IYSA Olympic Development Program strives to:

... develop players of the highest caliber on a continuing and consistent basis by providing exceptional practice sessions conducted by professional coaches. The ODP program aims to identify players who will represent their state, region, and, eventually, the United States in soccer competitions.



Marek Radziszewski

Player Development and Program Director
Illinois - Olympic Development Program

Associate Director of Coaching at
Illinois Youth Soccer Association

Coach Educator at
U.S. Soccer Federation
USSF “A” License
USSF “DOC” License

Scouting Coordinator for USA and Canada
PZPN - Polish F.A.
IPSO Certified - Talent ID and Scout

ODP National Select Team Head Coach at
United States Youth Soccer



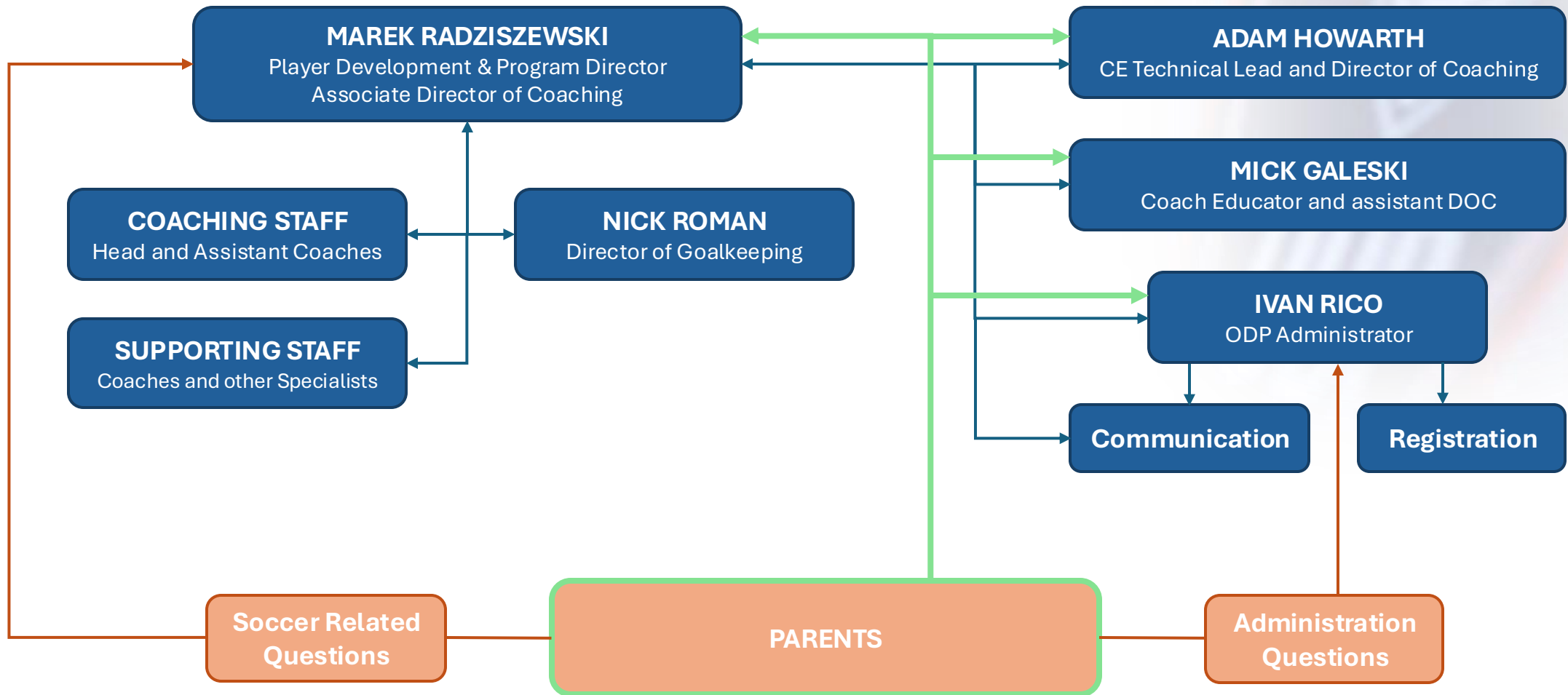
**COACHING
EDUCATION**



**US YOUTH
SOCCER**



IL OLYMPIC DEVELOPMENT PROGRAM STRUCTURE



IL ODP TRAINING AND EVENT LOCATIONS

2009-2015 Girls & Boys Age Groups

MercyHealth Sportscore Two
8800 E. Riverside Blvd
Loves Park, IL 61111

2016-2017 Age Group 2008 Girls & Boys Age Groups

Schaumburg Sport Center
1141 W. Irving Park Rd.
Schaumburg, IL 60193

Central IL ID Clinic Locations

Springfield, IL (TBD)
Family Sports Complex, Rantoul, IL
ISU Training Center, Normal, IL

Please Visit Our Website for more Information

illinoisyouthsoccer.org

And register for the weekly newsletter

2025/26 ODP PATHWAY

Illinois Youth Soccer and IL ODP Program

ODP PATHWAY

PHASE 1



STATE TEAM

*TRY OUT FOR YOUR STATE TEAM



PHASE 2



ID EVENTS

*REGIONAL TEAMS SELECTED



PHASE 3



INTERREGIONALS

*NATIONAL TEAMS SELECTED



PHASE 4



NATIONAL SELECT TEAMS

*INTERNATIONAL COMPETITION

IDENTIFYING

MONITORING

SELECTION

PURSUIT OF EXCELLENCE XX PURSUIT OF EXCELLENCE XX PURSUIT OF EXCELLENCE

USYS National ODP Office



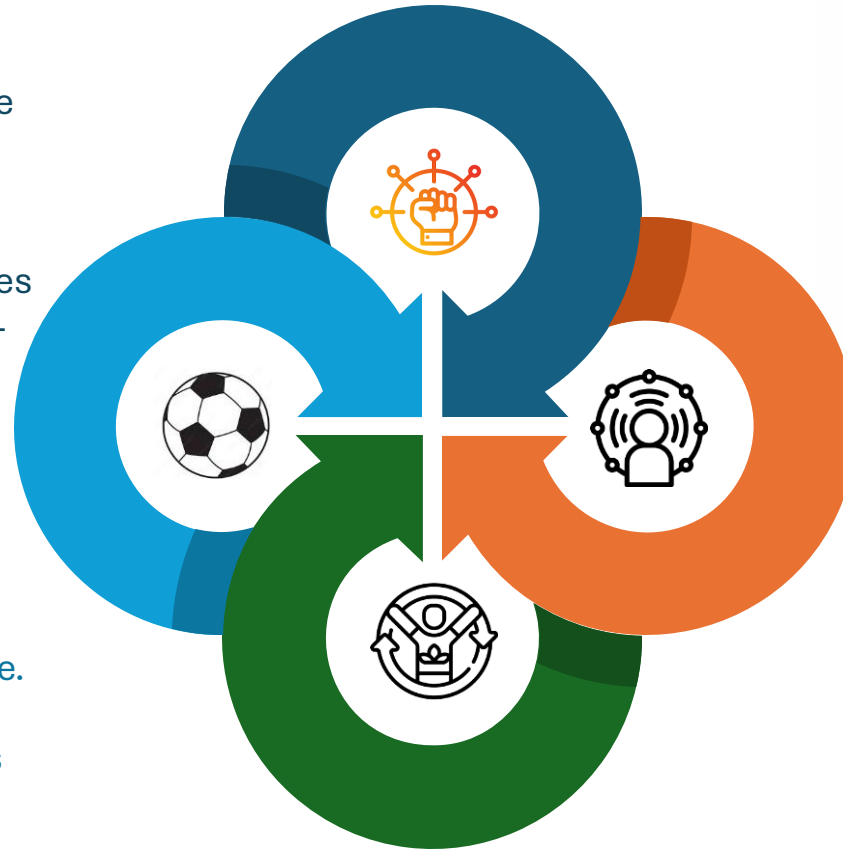
IL ODP WAY - COACHING PHILOSOPHY

AUTONOMY SUPPORT

- Embrace the player's perspective.
- Provide opportunities for players to take the initiative and make their own decisions.
- Empower the players to take ownership of their learning process
- Provide the player choices and opportunities for collaboration with other players (player-driven)
- Provide a rationale for decisions (player & coach)

EXPERIENTIAL

- Learning starts from the player's experience.
- Utilize analysis and organize mutual reflection on experience to support players in sharing learning with each other.
- Provide process and solution-focused feedback.



REALITY-BASED

- The game is a starting point to develop the player's perception, decision-making, and execution.
- Provide learning experiences to the player through recognizable training sessions.
- Take the player's developmental stage and the context as the basis for learning.

HOLISTIC

- Promote health, emotional and social, and the well-being of the player
- Develop attitudes and social skills
- Inquire about and acknowledge players' feelings
- Connect all areas of development (person and player)

IL ODP WAY - COACHING PHILOSOPHY

Facilitate a learning environment where players will experience **challenging** game situations (current behavior) and develop the ability to find and apply solutions (desired behavior)

IL ODP WAY - COACHING PHILOSOPHY

The game is **ever changing** and **unpredictable** by nature and therefore no situation is the exact same

Players constantly need to **anticipate** and **adapt** their soccer actions to **ever changing** and **unpredictable situations**

We create an environment in the training session where players **experience ever changing** and **unpredictable situations** to learn how to **anticipate** and **adapt** their soccer actions which will provide a **transfer** back to the game

IL ODP WAY - PROGRAM OBJECTIVES

- ❑ **Support Individual Development** - Focus on all phases and areas of development



- ❑ **Evaluate and Identify Players** - From the beginning of the winter training, coaches take notes and assess



IL ODP WAY - AREAS OF DEVELOPMENT

□ Social Development

- The ability to build relationships
- The process of gaining knowledge and skills to interact successfully with others

SOCIAL
DEVELOPMENT

EMOTIONAL
DEVELOPMENT

LANGUAGE
DEVELOPMENT

COGNITIVE
DEVELOPMENT

PHYSICAL
DEVELOPMENT



IL ODP WAY - AREAS OF DEVELOPMENT

□ Emotional Development

- The ability to master feelings and emotional responses to events
- The process of gaining knowledge and skills to self-reflect, self-awareness, self-management, and self-development

SOCIAL
DEVELOPMENT

EMOTIONAL
DEVELOPMENT

LANGUAGE
DEVELOPMENT

COGNITIVE
DEVELOPMENT

PHYSICAL
DEVELOPMENT



IL ODP WAY - AREAS OF DEVELOPMENT

□ Language Development

- The ability to understand language
- The ability to verbally express yourself

SOCIAL
DEVELOPMENT

EMOTIONAL
DEVELOPMENT

LANGUAGE
DEVELOPMENT

COGNITIVE
DEVELOPMENT

PHYSICAL
DEVELOPMENT



IL ODP WAY - AREAS OF DEVELOPMENT

□ Cognitive Development

- The ability to think and learn
- The ability to identify and solve problems (decision-making)
- How player perceives and gains understanding
 - ✓ Conceptualization
 - ✓ Perception
 - ✓ Information processing

SOCIAL
DEVELOPMENT

EMOTIONAL
DEVELOPMENT

LANGUAGE
DEVELOPMENT

COGNITIVE
DEVELOPMENT

PHYSICAL
DEVELOPMENT



IL ODP WAY - AREAS OF DEVELOPMENT

□ Physical Development

- The physical maturity of the body, the changes in size and shape, physical ability, and coordination (CNS)
 - ✓ Gross motor skills development: the child's ability to use large muscles
 - ✓ Fine motor skills development: the child's ability to use small muscles

SOCIAL
DEVELOPMENT

EMOTIONAL
DEVELOPMENT

LANGUAGE
DEVELOPMENT

COGNITIVE
DEVELOPMENT

PHYSICAL
DEVELOPMENT



IL ODP WAY - OUR ID & COMMITMENT

The IL Olympic Development Program supports all Soccer Ecosystems in our State

This supplemental program is offered to dedicated soccer players who love the game and aspire to play in college, professionally, or for the US National team*

All Leagues - All Clubs - All Teams - All Players - All Coaches & Parents

IL ODP WAY - TS STRUCTURE & CURRICULUM OVERVIEW

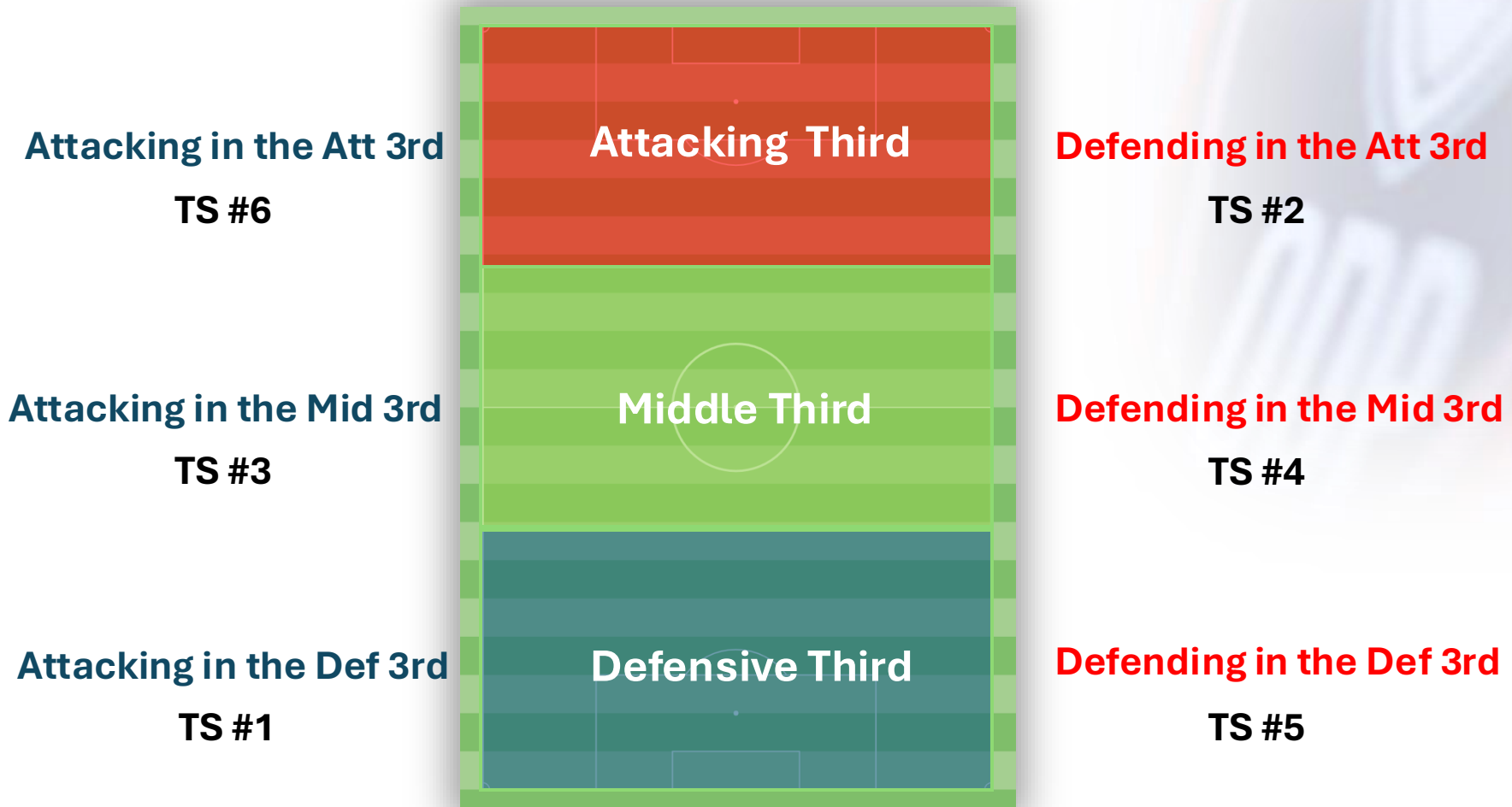


IL ODP WAY - TS STRUCTURE & CURRICULUM OVERVIEW



- ❑ **US Soccer position names and associated numbers.**
 - Position-specific roles and player responsibilities based on the 1-4-3-3 formation in the 11 vs. 11 game.

IL ODP WAY - TS STRUCTURE & CURRICULUM OVERVIEW



IL ODP WAY - TS STRUCTURE & CURRICULUM OVERVIEW

Attacking in the Opp Half
TS #4

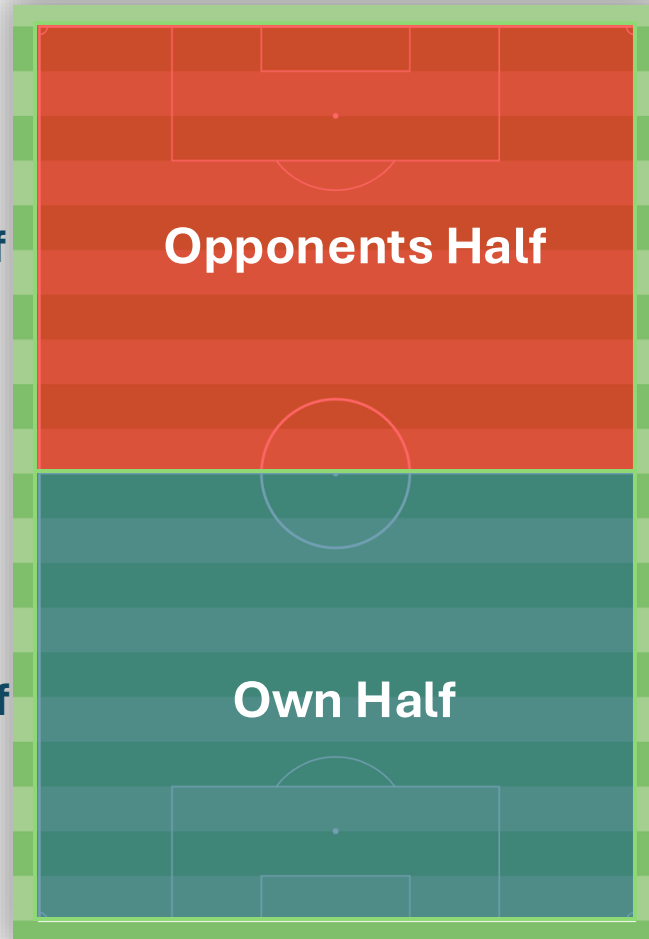
Opponents Half

Defending in the Opp Half
TS #2

Attacking in the Own Half
TS #1

Own Half

Defending in the Own Half
TS #3



IL ODP WAY - PROGRAM PROCESS

- ❑ Players begin by participating in winter training sessions and friendly events.
- ❑ Friendly events provide coaches with further evaluation opportunities of players; rosters from these events are **NOT final**.
- ❑ Multiple teams from the same age group can be created for friendly events, allowing more players to showcase their skills.
- ❑ **The Final State Team Rosters** (*State Team Player Recognition**) will be provided after winter training, and we intend to create teams from each age group*: 18 players on each roster for the 11 vs 11 game format and 16 players for the 9 vs 9 game format (each roster includes two goalkeepers*)
- ❑ **”Top Performers”** (*based on our evaluation and assessment criteria**) will receive an invitation to the Midwest Regional Camp (July 2026 in Rockford)
- ❑ **No written evaluations** at the end of the program. **Formative feedback*** will be provided to players during training sessions and other interactions.

IL ODP WAY - EVALUATION AND ASSESSMENT CRITERIA



IL ODP WAY - EVALUATION AND ASSESSMENT CRITERIA

GAME UNDERSTANDING AND DECISION-MAKING

READ SITUATIONS, ANTICIPATE AND MAKE QUICK DECISIONS UNDER PRESSURE

TECHNICAL EXECUTION

BALL MASTERY AND SKILLS UNDER PRESSURE

PHYSICAL EXECUTION

MOVEMENT SKILLS AND FITNESS

GROWTH MINDSET AND WINNING MENTALITY

CONTINUOUS DRIVE TO WIN AND IMPROVE

RESPONSIBILITY AND INITIATIVE (SELF-REGULATION)

RESPONSIBLE FOR ONE'S OWN LEARNING, DEVELOPMENT AND PERFORMANCE

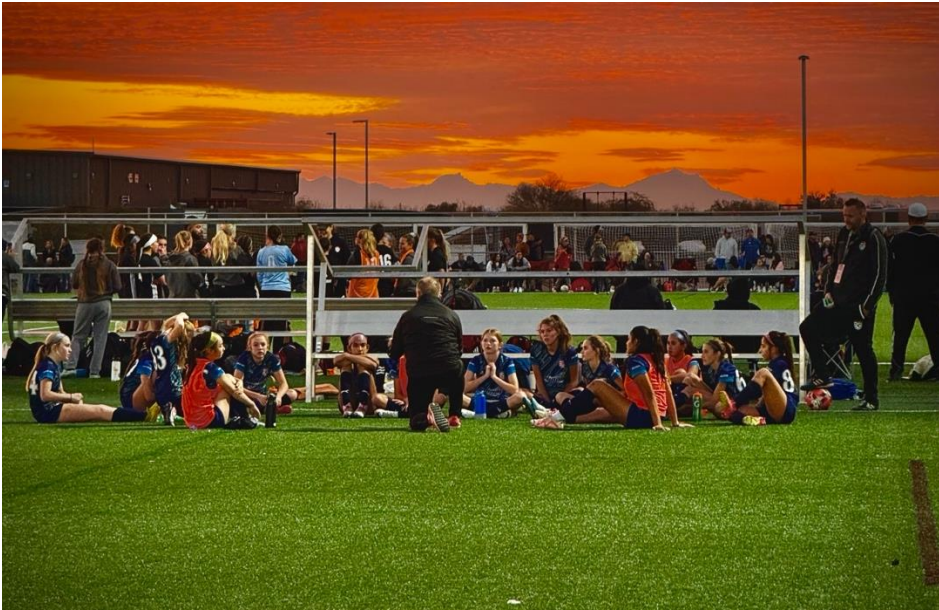
LEARNING ABILITY

CAPACITY TO ADAPT TO A HIGHER LEVEL

IL ODP WAY - PLAYER BOX MENTALITY



IL ODP WAY - THERE IS NO FAILURE, THERE IS ONLY FEEDBACK!



- ❑ Giving **formative feedback** during a soccer training session is crucial for an ODP player's development.
- ❑ Formative feedback refers to feedback provided during a learning process (training) to help our ODP players improve.
- ❑ It's given while a player is still involved during the session, allowing them to make adjustments, refine their understanding, or correct mistakes.
- ❑ Feedback will be:
 - Timely - During the session
 - Actionable - Suggestions
 - Supportive - Growth

IL ODP WAY - THERE IS NO FAILURE, THERE IS ONLY FEEDBACK!

❑ Expectations for Parents of an ODP Player

- Help your child set realistic goals for the ODP process
- Help your child understand the “Process of Identification.”
- Help your children learn the importance of receiving constructive feedback.
- Help your children understand that a “NO” does not mean never
- Help your children understand that a well-rounded player can have more opportunities than those who play only one position
- After ODP events, help create a healthy environment during the car ride home.

❑ Logistics/General Questions

- Can you discover the answer before you ask the question?

❑ Development Questions

- Use resources given by Illinois Youth Soccer to answer the following:
 - a. What can I do to help my child improve? (Utilize off field areas such as mindset development and self – talk)
 - b. How is my player progressing? (Relate this to how the player reflects and what might be a specific area of growth)



IL ODP WAY - THERE IS NO FAILURE, THERE IS ONLY FEEDBACK!

□ Expectations for an ODP Player

- Players should reflect following a training session to determine what they should do for the next session. See the Stop Light Reflection Model below:



What should I stop doing?

What should I continue to do?

What should I start doing?

CONTACT US IF YOU HAVE ANY QUESTIONS

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